

POLK COUNTY HEALTH DEPARTMENT

1907 Carpenter Avenue
Des Moines, IA 50314
(515) 286-3798

Childhood-Adult-Travel Immunizations, STD Clinic, Physicals, chronic and minor illness-All Ages, Lead and Hemoglobin Screening , - Call for Times

Childhood Immunization Schedule

Tue 3-630 by appt
Wed 9-430 by appt
Thur 9-430 by appt
Fri 9-1 walk-in

Medicaid, Medicare, Hawk-I, Hardship Policy, additional insurances please call

BROADLAWNS—FAMILY HEALTH CENTER

1801 Hickman Rd
Des Moines, IA 50314
(515) 282-2334

Children and Adult Medical Care, Physicals, and Immunizations

Monday—Friday – 8:00am – 5:00pm

(By appointment)

Free, Sliding scale, Medicaid, Hawk-i

BROADLAWNS MEDICAL CENTER—DOCTORS HEALTH CLINIC

1801 Hickman Rd
Des Moines, IA 50314
(515) 282-2331

Children and Adult Medical Care, Immunizations, Physicals, Well

Child care, Women’s Health services, and Family Planning

Monday—Friday 8:00am – 5:00pm

(By appointment)

Free, Sliding scale, Medicaid, Hawk-i

DES MOINES HEALTH CENTER

1111 9th Street, Suite 190
Des Moines, IA 50314
(515) 244-9136

Dental Care:

Monday—Thursday - 8:00am – 5:00pm (by appointment)

Friday - 8:00am – 2:00pm (by appointment)

Free, Sliding scale, Medicaid, Hawk-i

HEART & HANDS—WOMEN’S AND CHILDREN’S HEALTH CENTER

Highland Park Presbyterian Church
321 Euclid
Des Moines, IA 50313
(515) 243-6408

Children’s and Women’s Medical Care, Immunizations, and School Physicals

Monday—Friday 9:30am – 5:00pm

(By appointment)

Services are based on sliding scale.

IOWA HEALTH – DM ANKENY NEVELN CHILDREN’S CENTER CTR

406 SW School Street
Ankeny, IA 50021
(515) 965-9606

Medical Services including Immunizations, Physicals, Minor Illnesses,

And some Lab Testing for Infants, Children, and Teens ages 0-21

Every Wednesday – Noon – 4:30pm

(By appointment) **Services are free**

JIM ELLEFSON—FREE MEDICAL CLINIC

1607 E. 33rd Street
Des Moines, IA 50317
(515) 266-7622

Acute Care (No Immunizations) School, Occupational and Sports Physicals for a small fee

Tuesday—1:30pm – 4:30pm (no appointment needed)

Thursday—5:30pm -8:30pm (no appointment needed)

Services are Free—Physicals \$12-\$25

LA CLINICA (CLINIC OF HOPE)

2679 Maury Street
 Des Moines, IA 50317
 (515) 244-6162
Services are free, Sliding Scale

NORWOODVILLE COMMUNITY CENTER FREE CLINIC

3077 NE 46th Ave
 Des Moines, Iowa
 515-266-5794
Adult and Child Medical Care
 Thursday 6-8pm
 No Appointments Needed
 Services are FREE

SOUTHEAST POLK CHILDREN'S CLINIC

Lutheran Church of the Cross
 1701 8th Street
 Altoona, IA 50009
 (515) 967-7806
Well-child exams, School Physicals, Immunizations, Lead Screenings, and Developmental Screenings for Ages birth to 21
 Every Thursday—Noon – 5pm
 (By appointment)
Services are free

ST. LUKE'S CLINIC

Polk City United Methodist Church
 1421 W. Broadway
 Polk City, IA 50226
 (515) 984-6274
Basic Health Care for all Ages including Lead Screening
 1st and 3rd Wednesday—6:00pm – 8:00pm
 (No appointment needed)
Services are free, donations are accepted

PRIMARY HEALTH CARE**Engbretsen Medical Clinic**

- 2353 SE 14th St.
- Des Moines, Iowa 50320
- 515-248-1400
- Clinic Hours
 - M - F 8am - 5pm

Engbretsen Dental Clinic

- 2353 SE 14th. St.
- Des Moines, Iowa 50320
- 515-248-1470
- Clinic Hours
 - M - F 7:30am - 4:30pm

Primary Health Care Pharmacy

- 1200 University Ave. Ste. 105
- Des Moines, Iowa 50314
- 515-262-0854
- 515-262-0854 - Patient Assistance
- Pharmacy Hours
 - M, W, TH, F 9am - 5pm
 - T 9am - 6pm

The Outreach Project

- 1200 University Ave. Ste. 120
- Des Moines, Iowa 50314
- 515-248-1500
- Clinic Hours M-F 8am-4pm

East Side Medical

- 3509 E. 29th St.
- Des Moines, Iowa 50317
- 515-248-1600
- Clinic Hours
 - M - Th 8am - 8pm
 - F 8am - 5pm
 - Sa 9am - 1pm

Marshalltown Medical Clinic

- 412 E. Church St.
- Marshalltown, Iowa 50158
- 641-753-4021
- Clinic Hours
 - M, W, F 8am - 6pm
 - T, Th 8am - 8pm

HEADSTART: 271-1854**FIRST CALL FOR HELP: 246-6555****WIC SERVICES:****Main office**

WIC River Plaza Office

2300 Euclid Suite

282-5800

Iowa Lutheran Hospital WIC Center

263-5660

COMMUNITY ACCESS PHARMACY**Discounted Medications**600 E 14th St

Des Moines, Iowa 50316

515-262-0854

HIV Services

- 2353 SE 14th St.
- Des Moines, Iowa 50320
- 515-248-1400

Marshalltown Dental Clinic

- 112 E. Linn St.
- Marshalltown, Iowa 50158
- 641-844-6230
- Clinic Hours
 - M - F 7:30am - 4:30pm

Free Clinics of Iowa



ALTOONA

[Southeast Polk Children's Clinic](#)

Christ the King Church
600 1st Ave N
Altoona, IA 50009
Tuesdays
12:00 pm - 5:00 pm
Appointment only call:
515-266-6795
Ages: Birth - 21 years of age



AMES

[Ames Free Medical Clinic](#)

c/o First United Methodist Church
516 Kellogg
Ames, IA 50010
Phone: 515-233-5910
Answered during clinic hours only
Voicemail Messages:
515-598-4341
Fax: 515-233-5910
Thursdays
6:00 pm - 8:00 pm

Ames Area Free Obstetrical Clinic (via the mobile clinic)

Bethesda Lutheran Church
1517 Northwestern Avenue
Ames, IA 50010
1st & 3rd Thursdays
3:00 pm - 5:00 pm



BOONE

[Free Clinic of Boone County](#)

First United Methodist Church
703 Arden Street
Boone, IA 50036
Opening: September 21, 2010
1st & 3rd Tuesdays of the month
6:00 -8:00 pm



CLARINDA

[Nodaway Valley Free Clinic](#)

823 S 17th Street
Clarinda, IA 52732
Phone: 712-542-0702
1st, 2nd, & 3rd Thursdays of each month



CLINTON

[Gateway Free Clinic](#)

215 6th Avenue South
Clinton, IA 52732
Phone: 563-243-2437

Tuesdays

6:00 pm - 8:30 pm

Dental Clinic

Fridays

9:00 a.m. - 1:00 pm *Appointment only*

Diabetic Clinic

Tuesdays,

1:30 pm - 2:30 pm

Appointment only



DES MOINES

[Christ the King Free Clinic](#)

5711 SW 9th Street
Des Moines, IA 50315
Phone: 515-285-2888

Mondays

7:00 pm -9:00 pm

Wednesdays

Pediatric Clinic

7:00 pm-9:00 pm



[Corinthian Family Health Free Clinic](#)

814 School Street
Des Moines, IA 50309
Phone: 515-243-4073

Saturdays

9:00 am to noon



[DMU Free Clinic \(via mobile unit\)](#)

3200 Grand Avenue
Des Moines, IA
50312-4198

Phone: N/A

1st & 3rd Sunday

9:00 – 11:00 a.m.



[Grace United Methodist Church Free Clinic](#)

3700 Cottage Grove
Des Moines, IA 50311
Phone: N/A

Tuesdays

5:30 – 7:30 p.m



[Holy Family School Free Clinic](#)

1265 E. 9th Street
Des Moines, IA 50316
1st Monday of every month, 7:00 pm - 9:00 pm
Opening March 1, 2010



[Islamic Center of Des Moines Free Medical Clinic](#)

6201 Franklin Avenue
Des Moines, IA 50322
Saturdays
9:00 am - 11:00 am

Everyone Welcome



[Jim Ellefson Free Medical Clinic](#)

1607 East 33rd Street
Des Moines, IA 50317
Phone: 515-266 - 7622
Tuesdays
1:00 pm - 4:00 pm
Thursdays
5:30 pm - 8:30 pm



[Margaret Cramer Clinic](#)

First Assembly of God Church
2725 Merle Hay Road
Des Moines, IA 50310
Phone: 515-279-9766
x 42
Thursdays
6:00 pm - 8:00 pm
Patient Registration
5:30 pm - 7:00 pm



[Maple Street Baptist Free Medical Clinic](#)

1552 Maple Street
Des Moines, IA 50316
Phone: 515-262-1931
Tuesdays
every 1st & 3rd Evening
6:30 pm - 8:30 pm
(Also, the 5th Tuesday of the month if applicable).



GRINNELL

[Grinnell Regional Community Care Clinic](#)

306 4th Avenue
Grinnell, IA 50112
Phone: 641-236- 2385
Thursdays, 3:00 pm -5:00 pm
Appointment Only



KNOXVILLE

[Good Samaritan Free Clinic](#)

First United Methodist Church, Activity Bldg.
308 E. Robinson, PO Box 344
Knoxville, IA 50138
Phone: 641-842-3712
2nd/4th Mondays of each month
6:00 pm -7:30 pm
Patient registration
5:30 pm - 7:00 pm



NEWTON

[Jasper County Free Clinic](#)

Skiff Medical Clinic
300 N. 4th Avenue, East
Newton, IA 50208
Phone: 641-787-3157
Recording Only
Thursdays
5:30 pm - 7:00 pm



OSKALOOSA

[Oskaloosa Free Clinic](#)

410 N. 12th Street
Oskaloosa, IA 52577
Phone: 641-672-3100
1st and 3rd Tuesdays
6:30 pm – 8:30 pm

Patient numbers will be available starting at 3:30 pm The number of patients to be seen during the clinic is based on provider availability.



PELLA

[Good Samaritan Free Clinic](#)

First Reformed Church
605 Broadway
Pella, IA 50219
Phone: 641-628-3493
1st, 2nd, & 3rd
Thursdays
6:00 pm - 8:00 pm
Patient Registration
6:00 pm - 7:00 pm



POLK CITY

[St. Luke's Clinic](#)

Polk City United Methodist Church
1421 W. Broadway
Polk City, IA 50226
Phone: 515-984-6274
1st/3rd Wed. of ea. mo.
6:00 pm - 8:00 pm



WATERLOO

[EMA Free Medical Clinic](#)

205 Adams St. Suite 1
Waterloo, IA 50703
Phone: 319-235-5580
Thursdays
6:00 pm - 8:00 pm



[Jubilee Community Health Clinic](#)

610 Allen Street
Waterloo, IA 50702
Phone: 319-236-0199
Saturdays
9:00 am - 11:30 am



[IHOPE Free Medical Clinic](#)

722 S. Hackett
Waterloo, IA 50701
IHOPE Free Medical Clinic
Phone: 319-215-3769
Fax: 319-215-4062
Tuesdays
6:00 pm - 8:00 pm

Chiropractic Clinic 1st & 3rd Wednesdays, 6 - 8 p.m. (starting August 18th)



[Allen Community Engagement Salvation Army Partnership \(ACE-SAP Clinic\)](#)

207 Logan Ave
Waterloo, IA 50703
Phone: 319-235-9358
Alternating
Wednesdays
1:00 pm-5:00 pm
Every Thursday
9:00 am -5:00 pm
Summer hours on Wednesday
10:00 am -2:00 pm



WAUKEE

[Waukee Area Christian Free Clinic](#)

1155 Boone Drive
Waukee, IA 50263
Mondays 6:00 pm– 8:00 pm
(patient registration
5:30 pm – 7:00 pm)



WAYLAND

[Tree of Life Free Medical Clinic](#)

2739 Fern Cliff Road.
Wayland, Iowa 52654
Phone: 319-930-3001
Fax: 319-256-5471
Thursdays
6:30 pm - 8:00 pm
Appointments Only
Chiropractic Clinic Hours:
Tuesdays,
5:00 pm to 9:00 pm
Appointment Only
Starting December 8, 2009



WEBSTER CITY

[Webster City Free Medical Clinic](#)

A Service of All Cultures Equal
1440 East 2nd Street
Webster City, IA 50595
Phone: 515-832-4153
Tuesdays
6:00 pm - 8:00 pm
Doors open at 3:00 pm
Patient registration 4:00 pm



WEST DES MOINES

[Mae E. Davis Free Medical Clinic](#)

Eddie Davis Community Center
1312 Maple Street
West Des Moines, IA 50265
Phone: 515-277-1103
Tuesdays
7:00 pm -9:00 pm

Iowa Health Walk-In Clinic

Hours

Ankeny Clinics

1105 North Ankeny Blvd.
Ankeny, Iowa 50021
p: 515-964-4600
Monday - Friday: 8 a.m. - 8 p.m. Saturday - Sunday: 9 a.m. - 3 p.m.

Express Care - Hy-Vee Ankeny

410 North Ankeny Boulevard
p: 515-964-1601
Monday - Friday: 10 a.m. - 7 p.m.
Saturday: 10 a.m. - 6 p.m. Sunday: 10 a.m. - 5 p.m.

Express Care - Hy-Vee West

Des Moines (Mills Civic)

555 South 51st Street
p: 515-225-2235
Monday - Friday: 10 a.m. - 7 p.m. Saturday: 10 a.m. - 6 p.m.

Highland Park Family Physicians

1530 East Euclid
Des Moines, Iowa 50313
p: 515-262-0404
Monday - Saturday: 8 a.m. - 8 p.m.

Merle Hay Family Medicine

4020 Merle Hay Road, Ste 100
Des Moines, Iowa 50322
p: 515-278-0949
Monday - Friday: 8 a.m. - 8 p.m. Saturday - Sunday: 9 a.m. - 3 p.m.

Southglen Family Medicine

7481 Highway 65/69
Des Moines, Iowa 50320
p: 515-953-1500
Monday - Friday: 8 a.m. - 8 p.m. Saturday - Sunday: 9 a.m. - 3 p.m.

Lakeview Family Medicine

6000 University Ave, Ste 101
West Des Moines, Iowa 50266
p: 515-241-2600
Monday - Friday: 8 a.m. - 8 p.m.
Saturday - Sunday: 9 a.m. - 3 p.m.

Urbandale Family Physicians

2901 86th Street
Urbandale, Iowa 50322
p: 515-276-3406
Monday - Friday: 9 a.m. - 9 p.m.
Saturday: 8 a.m. - 8 p.m.
Sunday: 9 a.m. - 8 p.m.

Mercy Urgent and Quick Care Clinics

Mercy East Urgent Care

Address 5900 East University Avenue, Ste. 100, Pleasant Hill IA 50327

Hours	Monday:	7:00am - 9:00pm
	Tuesday:	7:00am - 9:00pm
	Wednesday:	7:00am - 9:00pm
	Thursday:	7:00am - 9:00pm
	Friday:	7:00am - 9:00pm
	Saturday:	9:00am - 4:00pm
	Sunday:	9:00am - 4:00pm

Phone 515-643-2400

Mercy East Village Family Practice and Urgent Care

Address 1350 Des Moines St., Ste 110, Des Moines IA 50309

Hours	Monday:	8:30am - 5:00pm
	Tuesday:	8:30am - 5:00pm
	Wednesday:	8:30am - 5:00pm
	Thursday:	8:30am - 5:00pm
	Friday:	8:00am - 4:30pm
	Saturday:	Closed
	Sunday:	Closed

Phone 515-643-0833

Mercy East Village Urgent Care

Address 1350 Des Moines St., Ste 110, Des Moines IA 50309

Hours	Monday:	7:00am - 9:00pm
	Tuesday:	7:00am - 9:00pm
	Wednesday:	7:00am - 9:00pm
	Thursday:	7:00am - 9:00pm
	Friday:	7:00am - 9:00pm
	Saturday:	9:00am - 4:00pm
	Sunday:	9:00am - 4:00pm

Phone 515-643-0833

Mercy North Urgent Care

Address 800 E. First St., Ste 1700, Ankeny IA 50021

Hours	Monday:	7:00am - 9:00pm
	Tuesday:	7:00am - 9:00pm
	Wednesday:	7:00am - 9:00pm
	Thursday:	7:00am - 9:00pm
	Friday:	7:00am - 9:00pm
	Saturday:	9:00am - 4:00pm
	Sunday:	9:00am - 4:00pm

Phone 515-643-8100

Mercy South Family Practice

Address 6601 SW 9th St., Des Moines IA 50315

Hours	Monday:	8:00am - 5:00pm
	Tuesday:	8:00am - 5:00pm
	Wednesday:	8:00am - 5:00pm
	Thursday:	8:00am - 5:00pm
	Friday:	9:00am - 5:00pm
	Saturday:	
	Sunday:	

Phone (515) 643-9400

Mercy South Urgent Care

Address 6601 SW 9th St, Des Moines IA 50315

Hours	Monday:	7:00am - 9:00pm
	Tuesday:	7:00am - 9:00pm
	Wednesday:	7:00am - 9:00pm
	Thursday:	7:00am - 9:00pm
	Friday:	7:00am - 9:00pm
	Saturday:	9:00am - 4:00pm
	Sunday:	9:00am - 4:00pm

Phone (515)643-9400

Mercy West Urgent Care

Address 1601 NW 114th Street , Suite 255, Clive IA 50325

Hours	Monday:	7 am - 9 pm
	Tuesday:	7 am - 9 pm
	Wednesday:	7 am - 9 pm
	Thursday:	7 am - 9 pm
	Friday:	7 am - 9 pm
	Saturday:	9 am - 4 pm
	Sunday:	9 am - 4 pm

Phone (515) 222-7010

Mercy West Urgent Care

Address 1601 NW 114th Street , Suite 255, Clive IA 50325

Hours	Monday:	7 am - 9 pm
	Tuesday:	7 am - 9 pm
	Wednesday:	7 am - 9 pm
	Thursday:	7 am - 9 pm
	Friday:	7 am - 9 pm
	Saturday:	9 am - 4 pm
	Sunday:	9 am - 4 pm

Phone (515) 222-7010

Mercy Quick Care Clinic - Dahl's Ingersoll

Address 3425 Ingersoll Avenue, Des Moines IA 50312-3915

Hours	Monday	8:30 am - 5:00 pm
	Tuesday	8:30 am - 5:00 pm
	Wednesday	8:30 am - 5:00 pm
	Thursday	8:30 am - 5:00 pm
	Friday	8:30 am - 5:00 pm
	Saturday	9:00 am - 1:00 pm
	Sunday	Closed

Phone (515) 255-3758

Mercy Quick Care Clinic - Dahl's - E 33rd Street

Address Dahl's Food Store, 3400 E. 33rd Street, Des Moines IA 50317

Hours	Monday	8:30 am - 5 pm
	Tuesday	8:30 am - 5 pm
	Wednesday	8:30 am - 5 pm
	Thursday	8:30 am - 5 pm
	Friday	8:30 am - 5 pm
	Saturday	9:00 am - 1 pm
	Sunday	Closed

Phone (515) 262-1405

Mercy Quick Care Clinic - Dahl's - Hickman Road

Address Dahl's Food Store, 15500 Hickman Road, Clive IA 50325

Hours	Monday	8:30 am - 5 pm
	Tuesday	8:30 am - 5 pm
	Wednesday	8:30 am - 5 pm
	Thursday	8:30 am - 5 pm
	Friday	8:30 am - 5 pm
	Saturday	9:00 am - 1 pm
	Sunday	Closed

Phone (515) 987-1511

Mercy Quick Care Clinic - Skywalk

Address Skywalk Level, Equitable Building, 604 Locust Street, Des Moines IA 50309

Hours	Monday	7:30 am - 4 pm
	Tuesday	7:30 am - 4 pm
	Wednesday	7:30 am - 4 pm
	Thursday	7:30 am - 4 pm
	Friday	7:30 am - 4 pm
	Saturday	Closed
	Sunday	Closed

Phone (515) 282-7207